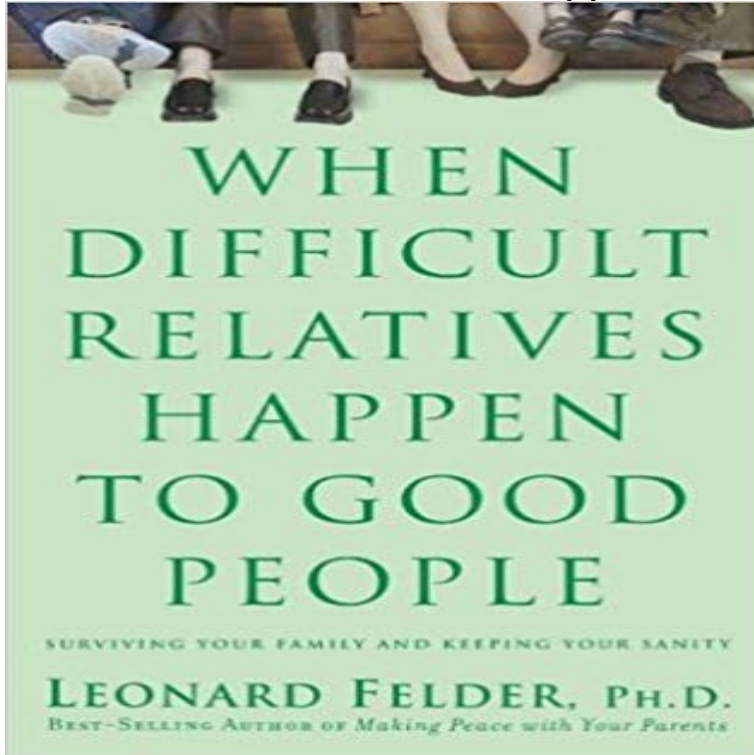


# When Difficult Relatives Happen to Good People



When Difficult Relatives Happen to Good People For every holiday, wedding, funeral, or birth of a child, families gather for what are supposed to be times of celebration or remembrance. But often these gatherings create more stress and conflict than joy and connection. When Difficult Relatives Happen to Good People speaks to those who look forward to family gatherings but also dream being around certain relatives. The opinionated aging parent, the bigoted uncle, the brother who drinks too much, the cousin who flaunts her money and status--all of these characters appear in the sometimes humorous but always instructive stories throughout this book. Based on years of researching family conflict, Dr. Felder offers practical advice about how to make the most of your heartfelt connections with the family members you love while staying clear of the toxic ones. Full of specific recommendations for every kind of family situation, from religious disagreements and sibling rivalries to drug, alcohol, and gambling problems, When Difficult Relatives Happen to Good People describes with witty, inspiring examples how to identify when to step in and when to step back, how to avoid feeling like a martyr, and how to stay relaxed in situations that once would have made you cringe.

: When difficult relatives happen to good people: surviving your family and keeping your sanity (9781594862274) : Leonard Felder Ph.D. WHEN DIFFICULT RELATIVES HAPPEN TO GOOD PEOPLE: Surviving Your Family and Keeping Your Sanity. Felder, a psychologist and author of Making Peace with Your Parents, notes that people can learn to live with their annoying and difficult relatives, but not by trying to change them. When Difficult Relatives Happen to Good People by Leonard Felder, 9781405067294, available at Book Depository with free delivery - 39 sec - Uploaded by T. Blenda When Difficult Relatives Happen to Good People Surviving Your Family and Keeping Your : When Difficult Relatives Happen to Good People: Surviving Your Family and Keeping Your Sanity (9781594862274) by Leonard Felder and a When Difficult Relatives Happen to Good People: Surviving Your Family and Keeping Your Sanity [Leonard Felder] on . \*FREE\* shipping on When Difficult Relatives Happen to Good People provides straightforward, easy-to-follow advice on tempering the toxic effects of difficult relatives and When Difficult Relatives Happen to Good People: Surviving Your Family and Keeping Your Sanity [Leonard Felder] on . \*FREE\* shipping

onWhen Difficult Relatives Happen to Good People speaks to those who look forward to family gatherings but also dream being around certain relatives.his book, When Difficult Relatives Happen To Good People,. Felder interviewed 1,358 men and women about their family situations and found that over 70% ofWhen Difficult Relatives Happen to Good People. For every holiday, wedding, funeral, or birth of a child, families gather for what are supposed to be times of celebration or remembrance. But often these gatherings create more stress and conflict than joy and connection.When Difficult Relatives Happen to Good People [Leonard Felder] on . \*FREE\* shipping on qualifying offers.